



# Osteopathic Centre for Children



## It's Christmas!

2022 has been an exciting year for the Charity as we have, along with almost every other charity in the world, been navigating choppy economic waters but we don't let that get us down and we've built on our successes.

The charity means so much to us in different ways but to the patients it's a place they can come to for experienced paediatric care, giving an affordable donation.

In 2022 we delivered 8,274 treatment sessions to over 2077 patients. This is an achievement in itself, and represents 82% of our capacity.

Recently we launched our Tuesday Warren Street clinic which has been a huge success, picking up new patients for an enthusiastic team of postgraduates led by the Senior Osteopaths team. Well done Warren Street, keep doing what you're doing, it's working. The word is out, and numbers are rising.

Shoreditch clinic continues to go from strength to strength under their Senior Osteopaths team. A spiritual home to us in more ways than one, Shoreditch is vibrant and growing thanks to the hard work of our volunteers and the postgraduates.

Over in South London, Southfields clinic is growing. Regardless of not being blessed with the best transport links, the clinic bounds along each week and builds ever closer to capacity. The enthusiastic post grad team should be proud of the work they are doing there under the amazing Senior Osteopaths team.

Leading the Senior Osteopaths team across all clinics is the irrepressible leadership of Stuart, who has guided and mentored and inspired the faculty and students through another year. Santa hat's off to Stuart!

All this success would not come to be without the hard work and dedication of the office and admin team, making sure patients records are available and in order, while welcoming and looking after them and, taking those all-important donation at the end of their appointments; thank you.

Everyone will get a well-earned rest over the festive break, and add a few lbs too, no doubt, as we close through to our return for a new year on January 3rd.

2023 has greater things in store for us all and the Board and Management team want to thank each and everyone of you for your hard work and dedication in 2022; we really appreciate you all.

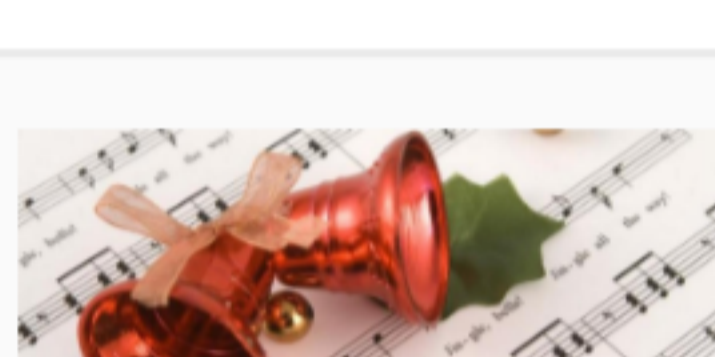
We wish you, and all your families, a Merry Christmas and a very Happy New Year.

***The Board and Management team (Sherlene and Malcolm)***



### A Christmas Fact:

*Jingle Bells was the first Christmas song in space.*



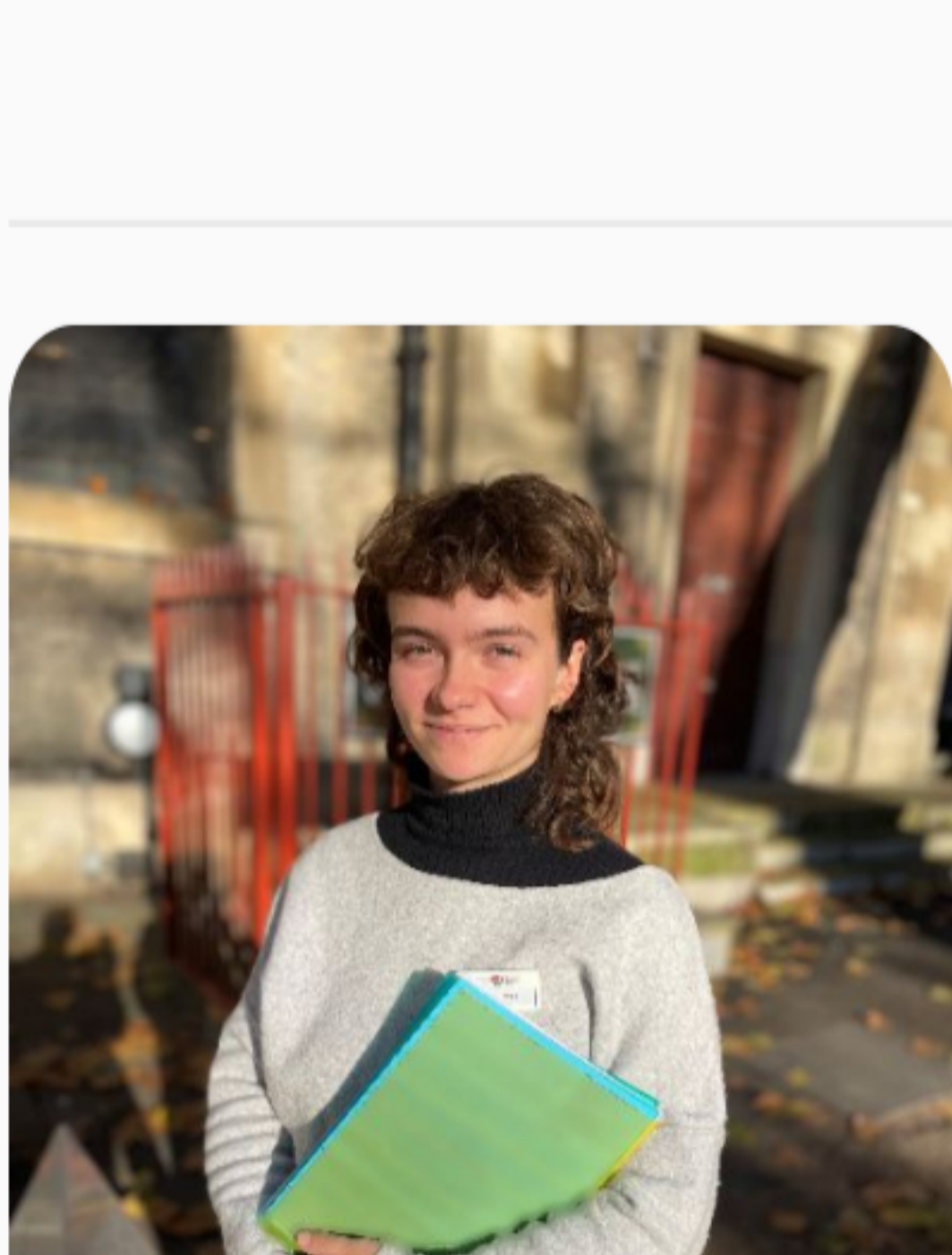
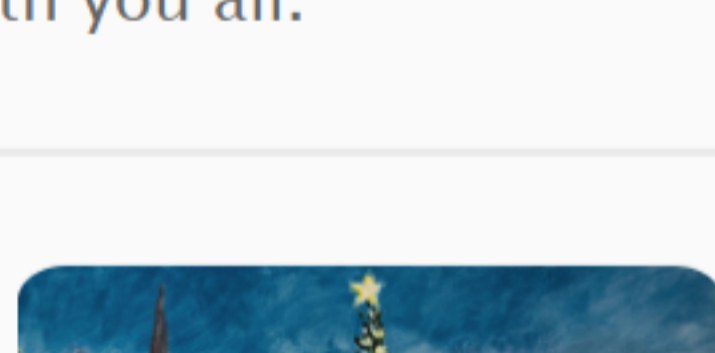
### Welcome to Malcolm

We are delighted to welcome Malcolm Packer to The OCC as our Director of Communications and Development.

Malcolm has worked in the charity sector for over 15 years both as a freelance consultant and since 2014 Head of Charity Affairs and Comms for Kidney Cancer UK. He will be focusing on the areas in his job title in the three day-a-week he works. Many of you may have already met him in clinics over his first few weeks with us. Malcolm said, "I am very excited to be part of the OCC team and have really enjoyed getting into the clinics and meeting everyone. You've all been so welcoming to me; thank you. I'm looking forward to working with you all."

### A Christmas Fact:

People have been sending Christmas cards since 1843.



### Our featured student

Venezuelan born new 2022 student, Emma Delalex, is living the dream of her 9-year-old self as she builds on her Master's degree in osteopathy to include paediatrics.

Emma, a horse rider for 15-years, knew what she wanted to do as a career after reading a magazine article about osteopathy at age 9.

Emma held onto this dream for 9 more years and at aged 18, started studying at the European School of Osteopathy in Kent.

On receiving her Master's from the ESO, Emma joined a clinic in Stoke Newington where she was drawn to paediatrics. Emma's employers recommended the OCC paediatrics post graduate course and here she is today, in our Shoreditch clinic.

Emma says: "I am really loving the course and find the interaction of working with babies and young children very satisfying. I'm looking forward to building my confidence, skills and knowledge of practicing paediatric osteopathy through the direction of all the great consultants and tutors at the Shoreditch clinic."

### What our patients are saying:

*I was impressed with the service and level of care. My son has been three times and I can see the improvement*

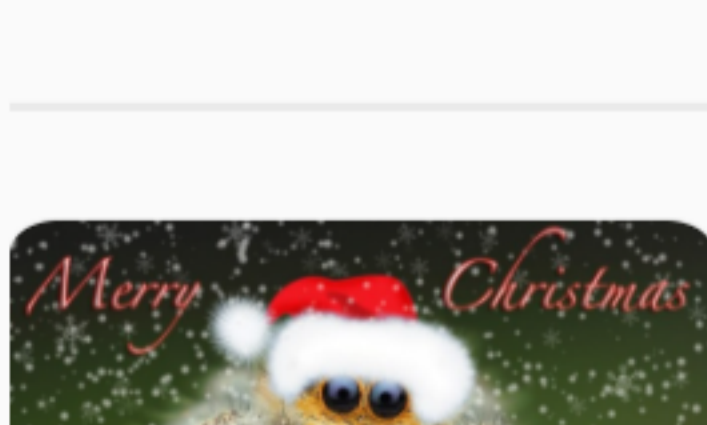
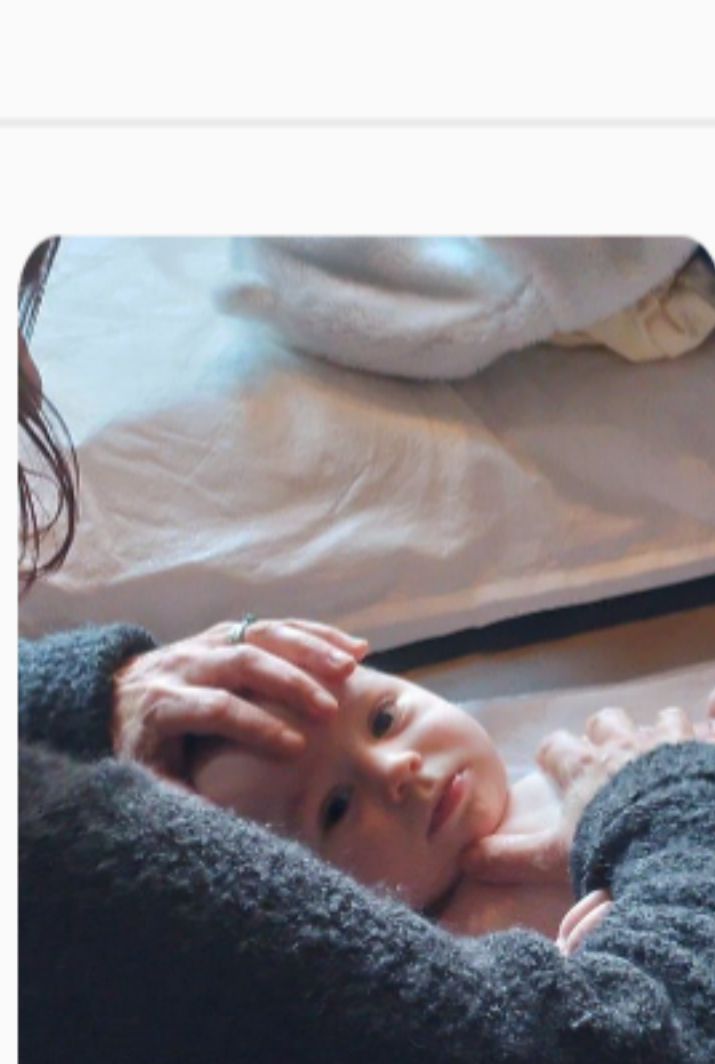
**Ralph Marnham**

*My daughter tells me after treatment she feels more relaxed, fresh like someone has pressed the reset button.*

**Tatyana Startseva**

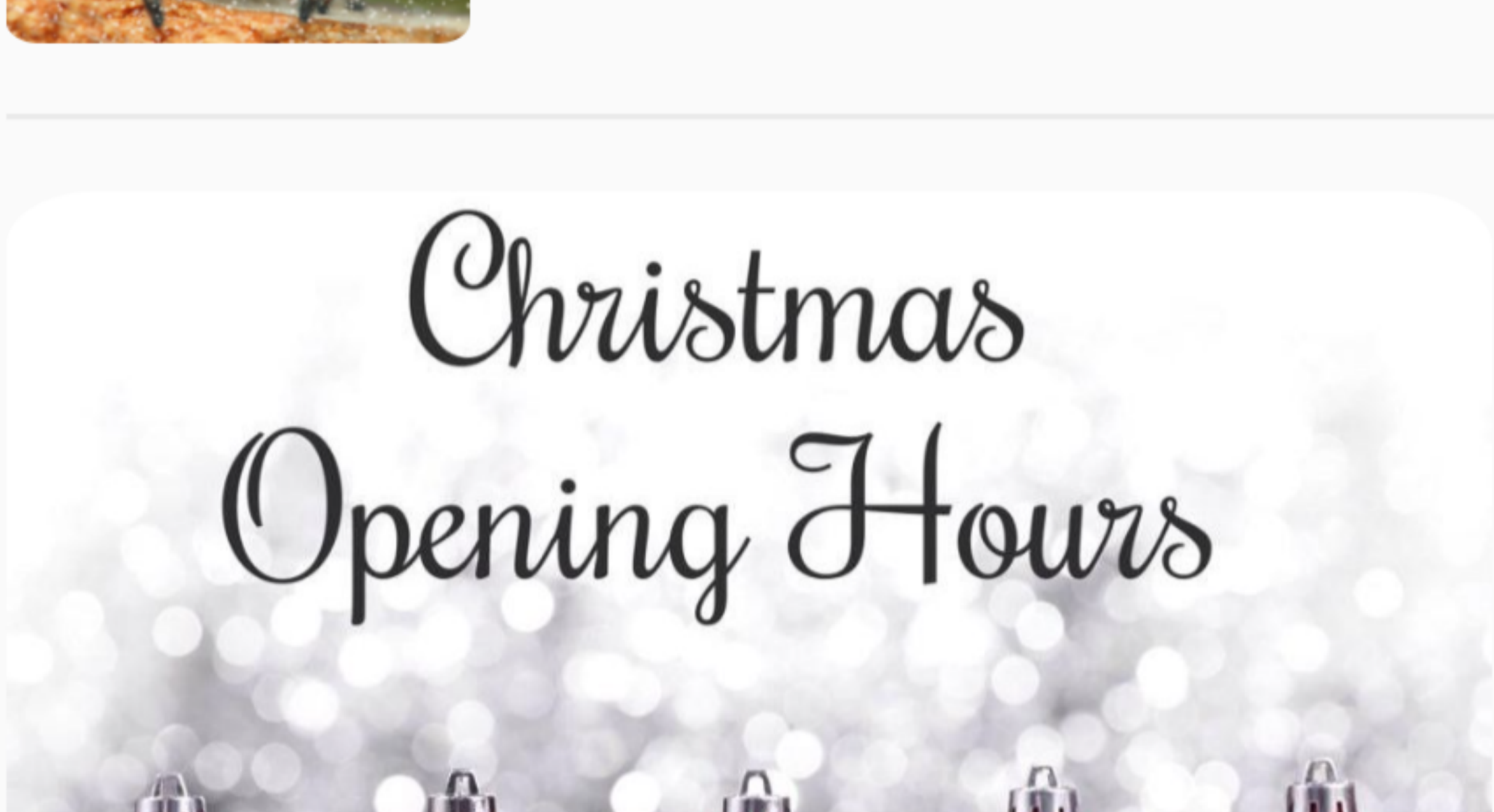
*The OCC really helped our little Winnie so much. We've seen such an amazing change in her digestion and general comfort and each time we attended the session she's been so happy.*

**Ben & Nora Alexander**



### A Christmas Fact:

*Spiders are a traditional Eastern European Christmas decoration*



The OCC will be closed from **Monday 26th of December 2022 to Monday 2nd of January 2023** (both dates inclusive), to accommodate the festive season. The office and our clinics will reopen as usual from Tuesday 3rd of January. During the festive period our phones will be unavailable and, our social media will be monitored less frequently. All queries will be dealt with as soon as we return in January.